

Kagan

Brain-Friendly Teaching

Day 1 Agenda

**A) Welcome****B) Overview**

- 1) Goals
- 2) Growth Mindset
- 3) Housekeeping

C) Brain-Friendly Principles

- 1) Kinesthetic Symbols

D) Form Teams

- 1) StandUp-HandUp-PairUp
- 2) Pairs Pair

E) Rewiring Brains – Neurodevelopment

- 1) Neuroplasticity
- 2) Neurogenesis

F) Brain Model**G) Movement Structures**

- 1) Find Your Number
- 2) Find A Different Number

H) Principle 1 – Nourishment

- 1) Encourage Exercise and Movement
 - a) Research
 - b) Pool Party
- 2) Promote Play
 - a) Hum Tag
- 3) Supply Hydration
 - a) Why Water

I) Principle 2 – Safety

- 1) Build Inclusive Teams
 - a) Celebrity Interview
 - b) Amygdalae
 - i) Downshifting
- 2) Form Inclusive Classrooms
 - a) Traveling Rally Interview
- 3) Advocate Quiet Time
 - a) Research
 - b) Experience Quiet Time
- 4) Play Background Music
 - a) Research
- 5) Promote Play
 - a) Air Traffic Controller

J) Principle 3 – Social

- 1) Research
- 2) Timed Pair Share
- 3) Role Play
 - a) Sage-N-Scribe

K) Wrap

- 1) Mix-Music-Meet
- 2) Team Appreciations