

Kagan

Social-Emotional Learning (SEL) Day 1 Agenda

**A) Introduction**

- 1) TakeOff-TouchDown
- 2) Components of Emotion-Friendly Teaching
- 3) Day 1 Goals
- 4) Emotion-Friendly Management

6) Mastering the Kagan Emotion Wheel

- a) Fill-A-Frame
- b) RoundTable Consensus
- c) Individual Overlap Map

B) Classbuilding and Teambuilding

- 1) Traveling Pair Share
- 2) Forming Teams
- 3) Timed RoundRobin
- 4) 7 Count Team Cheer

— **Lunch** —**F) Eliciting Positive Emotions Research****C) Understanding and Managing Emotions**

- 1) Jot Thoughts
- 2) Fill-A-Frame/Find-A-Frame
- 3) Presenting Kagan Emotion Wheel
 - a) Happy-Sad
 - i) RoundRobin
 - ii) Pair Share
 - b) Like-Dislike
 - i) RallyRobin
 - ii) Pair Share

G) Ten Positive Emotions

- 1) Happiness: Timed Pair Share
- 2) Gratitude: Pair CenterPiece
- 3) Amusement: Laugh Attack!,
- 4) Playfulness: Silly Sports & Goofy Games: Bear, Salmon, Mosquito
- 5) Curiosity: Pair Share, Question Dice

— **AM Break** —— **PM Break** —**E) Presenting Kagan Emotion Wheel**

- 1) Intensity
- 2) Intensity Leads to Action
- 3) Emotions Interact
- 4) Concepts 6, 7, & 8
- 5) Rationale for Emotion Wheel
 - a) StandUp-HandUp-PairUp
 - b) Timed Pair Share

- 6) Optimism: Travelling Pair Share
- 7) Inspiration: Think-Write RoundRobin
- 8) Belonging: Classbuilding and Teambuilding, Handshakes
- 9) Love: Both Record RallyRobin
- 10) Serenity: 4-4-8 Breathing

H) Wrap

- 1) RallyRobin
- 2) Evaluations